



THE LEADER

Vol. 38, No. 43

Grand Forks Air Force Base, N.D. ♦ www.grandforks.af.mil

Oct. 31, 2003

A whole lot of Pumpkin pie



Halloween is here,
base's annual carnival a hit once again

— See Pages 14-15

319th Air Refueling Wing ♦ Winners of the Air Force Outstanding Unit Award (July 2000 to June 2002)

Inside: Child supervision guidelines

Weekend weather

Today	34/24	Snow
Saturday	30/22	Mostly Cloudy
Sunday	25/15	Flurries
Monday	30/17	Partly Cloudy



Weather information courtesy
319th Operations Support Squadron weather flight

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From the front

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Grudge match

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Spiritual fitness important too

By Chaplain (Capt.) Matthew W. Vesey
 319th Air Refueling Wing, chapel

Like it or not, the Air Force has mandated a new physical fitness test.

The idea behind the mandate is to raise the fitness level of our officers and airmen so that we can better withstand the demanding rigors of current and future operations.

The more cynical among us think the order was given so that we all aren't seen looking like 10 pounds of chewed bubble gum crammed into a five-pound sack whenever we wear our blues.

Cynics aside, in the next few months, we will all be working to improve our level of physical fitness.

As laudatory as the Air Force's effort toward physical fitness is, a human being is more than just a body. According to the Bible, a human being is a combination of a body and a spirit (Genesis 2.7).

Therefore, it only makes sense that in order for us to be at our best we should be spiritually fit as well as physically fit.

In 1 Timothy 4.8, St. Paul writes, "For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come."

In light of this, we should all ask ourselves an important question: "How spiritually fit am I?"

If we are unsure, there is way to tell. It's an oldie but a goodie.

The Third Commandment reads, "Remember the Sabbath day to keep it holy" (Exodus 20.8).

In the Small Catechism, Martin Luther wrote that this commandment means "that we are to fear and love God so that we do not despise His Word or the preaching of it, but hold it sacred and gladly hear and learn it."

If you and I are not in the habit of attending worship regularly, it's a good bet that we are spiritually flabby.

The reason for this is that we were made to be in communion with God. It is in the worship service where we literally experience God and receive from Him the gifts of Word and Sacrament; blessings intended for spiritual strength and vitality (and for eternal life).

If we stay away from worship, for whatever reason, we are left to our own resources, which are meager at best.

Just as a car cannot produce its own gasoline, neither can we produce our own spiritual fitness.

So, what is the answer for improved spiritual fitness? It's the same as it is for our physical fitness.

Just as we have to put in the effort to go to the gym and use the various treadmills, orbital runners and weight machines, we have to put in the effort to go to worship and make use of Word and Sacrament.


Starting on Jan. 1, 2004, the Air Force will test our level of physical fitness. The test of our spiritual fitness can occur at anytime, and unlike running for a mile and a half and doing push-ups and sit-ups for a minute and having our waist lines measured, if we fail, there is no retaking the test.

Action Line

747-4522

The Action Line is your avenue for information about events and activities on and around the base.

For questions about current events or rumors, please leave a message. Questions will be answered in the order they are received.



Col. Mark Ramsay
 319th Air Refueling Wing commander

Town Hall meeting answer

Q: *With the draw on our fitness facilities on base, has there been any thought of contracting some downtown?*

A: Our fitness center is capable of meeting the increased usage as long as the program is reasonably managed. The center was designed when the missile wing was still operational and built based on that population. The center staff is aware of the rise in the use of the facility and is working with squadron representatives to schedule squadron workout programs.

They hope to lessen the impact on those who currently have their own workout programs.

**AFI 65-106 does govern contracting for physical fitness services.*

Where military facilities are not available, you may use APFs to contract for organizational memberships for fitness by military personnel and authorized civilian personnel.

**According to AFI 65-106, paragraphs 9.1 and 9.2, appropriated funds may be used to contract for physical fitness services only where facilities are not available to the military member.*

6

DWI-free days

94%

Mission effectiveness rating



THE LEADER



Cover photo

This pumpkin is owned by the Duerr, Forsgren, Hartley and Steins families on base and weighs close to 500 pounds.

Photo by Airman Patrice Clarke

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The Great American Smokeout – time to quit is now

By Maj. Larry Groves
Health and Wellness Center

The third Thursday in November has traditionally been the “Great American Smokeout,” a day when millions of Americans stop smoking for at least a day.

Each year, millions of Americans try to quit and for each quitting attempt, many are successful. Although many depend on sheer willpower to quit, many more are more likely to succeed in permanently quitting tobacco with help from others, to include an interested health care provider.

Nicotine is an addictive drug. No one started smoking with the intention of becoming an addict.

Smoking has been part of our culture and many people start because their friends start, or they want to be “grown up” and part of a lifestyle where smoking is important. Early on, smokers realize nicotine helps improve concentration, decrease appetite and improve one’s mood. If there was nothing pleasant about nicotine, it would not have the potential to become addictive.

At some point, most smokers realize they would have been better off not smoking and each year, per-

haps 70 percent of all active duty smokers want to quit. A good percentage of those try to quit. They find quitting is not so easy.

Many are accustomed to smoking over 10 cigarettes per day, perhaps smoking within five minutes of getting up in the morning. There are specific times when the urge for a cigarette can be overwhelming. Without a smoke, the individual becomes highly stressed, irritable and unable to concentrate.

At some level, smokers may come to realize that smoking is out of control. When the urge strikes, it becomes an obsession and use becomes compulsive.

These components; symptoms of withdrawal, out-of-control use and obsessive-compulsive use; are what define nicotine has one of the most addictive drugs we have today. Many non-smokers do not appreciate the struggle it takes many smokers to permanently quit.

We want smokers to quit. Nicotine addiction adversely impacts readiness and the military’s mission. In a field setting, a lit cigarette becomes a beacon in the dark, and cigarette butts can be an important clue to enemy intelligence.

Nicotine withdrawal decreases tolerance to stress,

decreases the ability to concentrate, increases personal irritability, and can disturb the sleep cycle needed for optimal performance. Tobacco smoke itself decreases the amount of oxygen and increases the amount of carbon monoxide in the blood so that personal endurance is decreased.

Most smokers already realize these facts and are willing to quit if this can be accomplished successfully.

Our doctors and healthcare team can help smokers successfully quit. While simple brief advice might help a small but significant number of smokers, we know that through the use of additional counseling, positive social support, stress management, nutritional counseling, nicotine replace therapy and anti-craving drugs like Zyban, we can help a far greater number.

All these options are currently available to our military health care beneficiaries through our medical treatment facilities and health promotion programs.

Although I am addressing smoking for the Great American Smokeout, we are concerned about the use of all tobacco products.

The Military Health Care system wants all tobacco users to successfully quit. We want to help. Come see us.

Rising beef prices make commissary shopping necessity

By Mrs. Bonnie Powell
Defense Commissary Agency

FORT LEE, Va. – The economy is improving at a snail’s pace, but beef prices are “sizzling” and there is no end in sight.

As a result, families on a tight food budget might have to look at their dinner plates and ask, “Where’s the beef?”

Military shoppers are not protected from the dramatic increases in beef prices, but double-digit savings over commercial grocery stores gives authorized customers even more reason to shop their commissary meat case.

“Beef prices are hitting record highs,” said Mr. Jack Fowler, meat

operations manager for the Defense Commissary Agency. “Commissary shoppers are going to see an increase in beef prices as well, but compared to commercial grocery stores they will still be saving an average of 35 percent or more on meat.”

Americans are consuming a lot of beef and so are military families. Beef sales in commissaries are up 5 percent since 2002. But whether it’s the popularity of those high protein diets, bans on imported beef due to “mad cow” disease scares, or a drought in the Western United States, the bottom line is the highest beef prices in nearly a decade are here to stay – for at least the next six months.

“The beef market is based on supply

and demand, and when the demand is more than supply, you can expect higher prices,” said Mr. Fowler.

Mr. Fowler suggests families on a tight budget might want to try USDA “Select” cuts of beef.

“Many commissaries carry only USDA Choice beef, but customers who shop in commissaries that carry USDA Select beef will find they can save money on Select. It’s a slightly lower USDA grade and so it’s also less expensive,” he said.

Commissary beef sales may still be up, but shoppers are also buying more chicken. Chicken is less expensive and the prices have remained more stable than beef. Pork has also seen rising prices recently, but the increases are

still less dramatic than for beef, according to Mr. Royden Hunnewell, Store Director at Grand Forks Air Force Base.

“Commissary customers will see much more in the way of fresh pork and chicken promotions in the next few months – at least until beef prices start to show a downward trend,” he said.

Complicating matters even more for consumers who don’t actually buy a lot of fresh beef is this: many products produced as a by product of beef, such as beef hot dogs or deli meats, will be affected by high prices at some point.

“We just don’t know to what degree yet,” said Mr. Hunnewell.

Base child supervision guidelines

These guidelines are intended to assist parents and caregivers in making appropriate decisions concerning the supervision of children. Parents, however, are ultimately responsible for the care and safety of their children.

If parents go outside these guidelines, it may result in action from Family Advocacy and Legal. Since each child is unique, with different emotional, behavioral, mental and physical capabilities, every parent must

exercise reasonable judgment before leaving a child unattended. Therefore, a child should never be left alone, regardless of age, if the child is unable to demonstrate self-management responsibilities.

Age of Child	Left without sitter in quarters for two hours or less	Left without sitter in quarters for more than two hours	Left alone overnight	Outside unattended (to include playing)	Left in car unattended	Children provides care for other children	Curfew hours
5-years-old and younger	No	No	No	No, children should always be in line of sight of a parent or caregiver.	No	No	10 p.m. to 6 a.m. Sunday through Thursday and midnight through 6 a.m. Friday and Saturday.
6- to 9-years-old	No	No	No	Yes, children this age are allowed to walk to and from school, but parents should use their best judgment based on the distance and safety of that walk. When playing outside, parents or caregivers must know where child is at all times.	Yes, for short periods of time as long as vehicle is not running, keys are removed, and emergency brake is applied.	No	Dependents, 17 or younger, will not be outside of their quarters during curfew unless: ▸ They are accompanied by a parent or guardian 18 or older. ▸ They are participating in an approved, on-base sponsored event or are babysitting. In such cases, parents or guardian may call The Security Forces Control Center at 747-5351 when dependents are returning home. ▸ They enter the main gate after curfew hours and proceed to their quarters using the most direct route available.
10- to 11-years-old	Yes	Yes, with ready access to an adult supervisor	No	Yes, but parents or caregivers should know where children are located at all times.	Yes, as long as vehicle is not running, keys are removed, and emergency brake is applied.	No	
12- to 15-years-old	Yes	Yes	No	Yes	Yes	Yes, but it is recommended that they successfully complete an approved childcare training course.	
16-years-old and older	Yes	Yes	Yes	Yes	Yes	Yes, but it is recommended that they successfully complete an approved childcare training course.	

All children left alone must be able to demonstrate:

- Knowledge of where their parents or other responsible adults are and how to reach them.
- Knowledge of emergency procedures.

(Information courtesy base Family Advocacy Office)

Importance of living wills, AMD

By Capt. Theodore T. Richard

319th Air Refueling Wing, Judge Advocates Office

A recent highly publicized case in Florida illustrates the growing importance of advanced medical directives like living wills and durable powers of attorney for health care.

On Oct. 22, food and water tubes were reattached to Mrs. Terri Schiavo, 39, who has been in a vegetative state for 13 years. Mrs. Schiavo's husband fought to have the tubes removed while her parents waged a battle to keep her alive.

The Florida legislature and Florida Gov. Jeb Bush resolved the issue with a hastily passed state law that will keep Mrs. Schiavo alive for the foreseeable future.

One way or the other, the dispute and heartache in the Schiavo case was easily preventable through proper planning. In fact, advanced medical directives, such as living wills and durable powers of attorney for health care, are designed so that a person can make end-of-life decisions while they are still able to make the decisions for themselves.

In a living will a person makes a clear, specific statement about withholding or withdrawing of life-sustaining procedures.

For example, a person will declare whether or not to be kept alive exclusively by artificial food and water tubes. In addition, a person has the option of deciding whether or not to ask the medical community to utilize "extraordinary means" if that person becomes terminally ill.

Many people, however, do not want to draft a living will because they do not want to make this "final decision" in advance.

The durable Power of Attorney for Health Care is another document that assists people in preparing for such contingencies. This document authorizes another person, an agent, to make all medical decisions when the author of the document is unable to do so. The authorization may include the authorization to withdraw care, but does not have to declare a preference in advance. This directive may also be used to limit the agent from making end-of-life type decisions.

The Durable Power of Attorney for Health Care can exist in place of or in addition to a living will. If a person has a living will stating a preference for

withdrawing feeding tubes, then the agent appointed by the durable Power of Attorney for Health Care will not be burdened with that decision, but will have the power to make all other medical decisions.

Some people prefer giving an agent all the options and decisions – this can be done with a durable Power of Attorney for Health Care. Another important factor in the equation is state law. Each state will have different requirements for the contents of these advanced medical directives. Also, civilian medical providers

are bound by the law of their states.

Many medical providers will not allow a person's life support to be withdrawn with the proper authorization from the advanced medical directive.

For details, the base legal office gives free individualized advice on advanced medical directives to all active duty members, retirees, and their dependants, as well and to Reservists and members of state National Guard units. The base legal office will also prepare the documents at no cost.

Climate survey hits halfway point

By Mr. Scott Hopkins

Air Force Manpower, Innovation Agency

RANDOLPH AIR FORCE BASE, Texas— Since its launch Oct. 1, more than 25 percent of Air Force people have taken advantage of the opportunity to speak to their leaders through the 2003 Air Force Climate Survey.

The survey's importance hinges on maximum participation, and the more people who participate, the better the results, officials said. The deadline is Nov. 23.

More than 65 percent of active-duty airmen and appropriated-fund civilians participated in the 2002 survey. For the first time, this year's survey includes the Air Force Reserve, Air National Guard and nonappropriated-fund civilians.

"Our goal is to make things better for our people and our organizations," said Air Force Chief of Staff Gen. John P. Jumper. "This is a great opportunity for you to provide direct feedback about how well your leadership and organizations are functioning."

The survey gives leaders honest, identity-protected feedback about the organization from the people who make that organization work. It measures factors that influence people's behavior and factors that are relatively enduring over time, officials said.

Leaders at all levels can use this information to improve an organization's climate and to ultimately improve its effectiveness and productivity.

As an integral communication link between leaders and enlisted airmen, the survey provides senior leaders insights into areas that need improving and areas that are doing well, officials said.

The survey also serves as an important link between senior leaders and civilians.

Through the survey, civilians can voice their concerns and provide valuable information that can improve their organizations, officials said.

Aeronautical Systems Center officials at Wright Patterson Air Force Base,

Ohio, applied several new initiatives as a result of the feedback received from the 2002 survey.

Officials from the center's financial services office received a new telephone system with voice-mail capability, and they eliminated hardcopy travel vouchers, which stopped costly "assembly line" work when mailing out travel vouchers.

Section workers developed an automated self-help tool for travelers that gave technicians more time to work complex inquiries.

These actions demonstrate participative leaders, officials said. According to published research, sound management practices lead to increased employee and customer satisfaction, loyalty, better retention and increased financial performance.

To safeguard personal information, only Air Force-level analysis is done on the personal information. Questions that ask for a respondent's Air Force Specialty Code, rank or grade, time on station, etc., will be briefed to the secretary of the Air Force and the Air Force chief of staff; that information will not be released elsewhere.

Multiple levels of protection are built into the system. For example, a squadron report will list respondents by number of officers, enlisted members and civilians — not by rank or grade, etc. And each breakout can be made only if there are at least seven respondents in that category.

For example, if there are three officers, eight civilians, and 10 enlisted responding in a squadron, the officer data will be included in the next smallest breakout, the civilians. The data will be labeled as "10 enlisted" and "11 other."

The 30-minute survey can be completed online at <http://afclimatesurvey.af.mil> anytime during the survey period from either a government or personal computer. People can also click on the Air Force Climate Survey link at Air Force Link, www.af.mil.

Base SFS garners AMC-level awards

The 319th Security Forces Squadron had 17 individual awards winners at the annual Air Mobility Command level:

► Col. Billy Jack Carter Award: Master Sgt. William Petty

► Julie Y. Cross Memorial Award (Federal Women in Law Enforcement): Senior Airman Aimee Diggan

► Doris R. McCrossen Manager Award (Federal Women in Law Enforcement): Senior Airman Lydia Johnston

► Outstanding Security Forces Company Grade Officer Award: 1st Lt. Iwan Spolsky

► Outstanding Security Forces Flight Level Senior Noncommissioned Officer Award: Master Sgt. Stephen Nelson

► Outstanding Security Forces Flight Level Noncommissioned Officer Award: Staff Sgt. Jason Perkins

► Outstanding Security Forces Flight Level Airman Award: Senior Airman Scott Millisor

► Outstanding Security Forces Support Staff Senior Noncommissioned Officer Award: Master Sgt. Michael Hagans

► Outstanding Security Forces Support Staff Noncommissioned Officer Award: Tech. Sgt. Paul Schmidt

► Outstanding Security Forces Support Staff Airman Award: Senior Airman Michael Yeagley

► Outstanding Security Forces Senior Noncommissioned Officer Individual Mobilization Augmentee: Tech. Sgt. Paul Burns

► Outstanding Security Forces RAVEN Program Manager of the Year Award: Tech. Sgt. Peter Barta

► Outstanding Security Forces RAVEN of the Year Award: Staff Sgt. Christopher Bradford

► Outstanding Army National Guard Junior Enlisted, Flight Level: Spec. Morrie Nelson

► Outstanding Army National Guard NCO, Flight Level: Sgt. Christopher Hjelseth

► Outstanding Army National Guard SNCO, Flight Level: Sgt. 1st Class Jerold Dodds

► Outstanding Army National Guard Command Administrative Support: Sgt. 1st Class Janette Ingebretson

(Information courtesy 319th Security Forces Squadron)

October base reenlistments number 26

The following base personnel reenlisted in the Air Force in October:

► Master Sgt. Donald J. Sandbothe, 319th Logistics Readiness Squadron

► Staff Sgt. Tywund J. Minter, 319th Security Forces Squadron

► Airman 1st Class Christopher D. Miller, 319th LRS

► Senior Airman James S. Ashley, 319th Communications Squadron

► Staff Sgt. Corey L. Denney, 342nd Recruiting Squadron

► Master Sgt. Marlin R. Mattice, 319th Operations Support Squadron

► Staff Sgt. Janel C. Cloutier, 319th COMM

► Tech. Sgt. Daniel D. Lovdahl, 342nd RS

► Tech. Sgt. Robert J. Scheel, 319th COMM

► Senior Airman Samuel S. Harrington, 319th Civil Engineering Squadron

► Master Sgt. George P. Murray, 319th Aircraft Maintenance Squadron

► Staff Sgt. James S. Knudsen III, 319th AMXS

► Staff Sgt. Gabriel R. Garza, 319th AMXS

► Master Sgt. Donald P. Cloutier, 319th COMM

► Senior Airman Juan C. Pineda-Flores, 319th Services Squadron

► Tech. Sgt. Tandra D. Campbell, 319th LRS

► Staff Sgt. Derick A. Nieves, 319th LRS

► Master Sgt. Shane A. Borchert, 319th COMM

“I... do solemnly swear, to uphold and defend the Constitution of the United States...”

► Senior Master Sgt. Gary M. Holman, 319th AMXS

► Tech. Sgt. Sterling L. Chambers, 319th SFS

► Senior Airman Sasha D. Walker, 319th Maintenance Squadron

► Tech. Sgt. Joe R. Woods, 319th MXS

► Staff Sgt. David W. Dunn, 319th CES

► Senior Airman Bradley D. Richmond, 319th CES

► Tech. Sgt. Terry L. Estabrook, 319th AMXS

► Senior Airman Nickolas G. Laffen, 319th COMM

(Information courtesy 319th Mission Support Squadron, reenlistments)

Military Appreciation Day kicks off Saturday at Alerus Center

1st Lt. Mathew Smiley
319th Aircraft Maintenance Squadron

Tomorrow military personnel have the chance to see the most important game of the Fighting Sioux football season.... for free!

The 10th ranked University of North Dakota Fighting Sioux host the 17th ranked University of Nebraska-Omaha Mavericks for a shot at the North Central Conference title and a probable spot in the Division II national playoffs.

“This game is the most important game of the season for us,” said head coach Dale Lennon.

“We need folks to come out and make some noise. At the Alerus Center the crowd plays a big part in the game. With our fans cheering behind us it helps to disrupt the other team and makes for a very exciting atmosphere,” he said.

This Saturday, we have a chance to be a part of this atmosphere.

“I always go to at least one game a year. It wouldn't feel like fall if there wasn't a football game to see. Sometimes folks downtown don't understand everything we do and how much we are gone, but Operation Enduring Friendship and Military Appreciation Day are great ways to help us feel valued,” said Staff Sgt. Michael Jensen, 319th Aircraft Maintenance Squadron.

There are other Air Force personnel who have fallen in love with the Alerus Center and Sioux Football. Master Sergeant Gary Warner, 319th AMXS, grew up in Pittsburgh Pa, but he is a season ticket holder for the last two football seasons. “I always go with my wife and daughter Liz. I am raising a big time Sioux fan. The last home game against the North Dakota State University Bison was an amazing game to be a

part of. I am hoping for another big Sioux victory.”

Festivities will start outside the Alerus Center with inflatable games, face painting, and music by the UND Pride of the North Marching Band. The doors to the Alerus open at 11 a.m. where there will be free meals for all military members. Kickoff will be at 1 p.m. There will also a be a military working dog demo during the halftime festivities. Make sure you get tickets for you and your family at the Community Activity Center today. The CAC's number is 747-6104.

Coach Lennon sums it up best when he says, “Our thoughts are always with the troops and we feel very fortunate to have Grand Forks Air Force Base as a neighbor. I think that Military Appreciation Day is a great way to say thank you.”

This is an opportunity for a great day of entertainment with the whole family and a chance to cheer the Sioux on to victory. I hope to see you there.

Base AADD kicks off membership drive

By Tech. Sgt. April McCurry
AADD scheduling officer

It is time to start preparing for next year's Airman Against Drunk Driving team.

Due to pending retirements, there are positions that will definitely need to be filled. We are currently taking nominations for all officer positions.

Voting will take place in December, and the new officers will assume duties in January.

Since Senior Airman Kyrsten Rilling will be deployed soon, and the vice president and treasurer are already deployed, I will be handling the elections.

If you, or anyone you know, are interested in volunteering for an officer position, please let me know before November 25.

If you're not already a member of AADD, you can easily join in a matter of minutes and meet the requirement of being a qualified, current member of AADD!

All the positions available, with qualifications and responsibilities, are:

President

- ▶ Qualifications
 - ▶ Must be a qualified, current member of AADD
 - ▶ Cannot have any previous record of drinking and driving
 - ▶ Must be at least 18 years of age
 - ▶ Have experience in public speaking
 - ▶ Must have general knowledge of computer systems and meeting formats
- ▶ Responsibilities
 - ▶ Holds all meetings (arranges general membership meetings)
 - ▶ Arranges AADD officer meetings.
 - ▶ Briefs installation leadership as requested
 - ▶ Interacts with downtown community for fund raising and publicity
 - ▶ Will conduct all voting sessions
 - ▶ Update active member roster
 - ▶ Updates the "AADD Events History," a record of all AADD saves
 - ▶ Approves all appropriations of funds
 - ▶ Approves applications of AADD members
 - ▶ Reviews all outgoing correspondence
 - ▶ Overseer of all activities and fund raisers

- ▶ Generally, carries the AADD cell phone
- ▶ Answers administrative questions from callers
- ▶ Will plan all yearly activities
- ▶ Staff the CQ or drive as needed

Vice President

- ▶ Qualifications
 - ▶ Must be a qualified, current member of AADD
 - ▶ Cannot have any previous record of drinking and driving
 - ▶ Must be at least 18 years of age
 - ▶ Have experience in public speaking
- ▶ Responsibilities
 - ▶ Assume all responsibilities of the president in event he/she is unable to perform duties until new one is voted in
 - ▶ Provide council to the president
 - ▶ Will stand in the place of any officer who is unable to perform his/her duties due to PCS or TDY
 - ▶ Provide input to the monthly AADD meetings as well as help set up
 - ▶ Staff the CQ or drive as needed

Secretary

- ▶ Qualifications
 - ▶ Must be a qualified, current member of AADD
 - ▶ Cannot have any previous record of drinking and driving
 - ▶ Must have general knowledge of computer systems and meeting formats
 - ▶ Must be at least 18 years of age
- ▶ Responsibilities
 - ▶ Takes meeting minutes of all meetings, both officer and general meetings
 - ▶ In charge of all official mailings
 - ▶ Provide input to the monthly AADD meetings as well as help set up
 - ▶ Maintain files with 319th SVS
 - ▶ Help distribute meeting minutes to all members of AADD after each monthly meeting (those without email)
 - ▶ Staff the CQ or drive as needed
 - ▶ Maintains files of all membership applications
 - ▶ Assist with files management

– See AADD, Page 9

News briefs

OSC Silent Auction

Donations are now being accepted for the Grand Forks Officers’ Spouses’ Club 3rd Annual Grand Forks Mercantile Auction. Proceeds go to charity including Grand Forks Air Force Base and surrounding communities. All gift baskets, specialty items, services, etc. are welcomed. For details, call Mrs. Julie A. Martin, Auction Chairperson at 594-9298.

Court Martial

On Oct. 16, Airman 1st Class Willie G. Davis, 319th Security Forces Squadron, was convicted at Special Court-Martial of two specifications of larceny in violation of Article 121 of the Uniform Code of Military Justice and two specifications of burglary in violation of Article 129, UCMJ.

In particular, the accused was found to have unlawfully broken into and entered two dorm rooms belonging to fellow airmen and to have stolen a DVD player and eight DVD movies from those airmen. Airman Davis was sentenced to a Bad Conduct Discharge, reduction to the grade of E-1, forfeiture of \$750 pay per month for six months, and confinement for six months.

Veterans Day Race

The Grand Forks Air Force Base Family Support Center, Grand Forks Park District, Grand Forks VFW, along with the support of the Red River Chapter of the American Red Cross are sponsoring the 5th Annual cross country race Tuesday, Nov. 11 at 11:00 a.m. along the Greenway in Grand Forks. Registration is \$10 before Nov. 8

and \$12 the day of the race. Race applications can be picked up at the FSC, the base fitness center, Center Court Fitness Club and the Grand Forks Park District. There will be a brief memorial service just prior to the race. For details call Race Director Dr. Earl Beal, 747-3242, or Lynne Roche, 746-2750.

Special Needs

North Dakota Family to Family Network Helps Families Facing Children's Special Needs when a child is diagnosed with a developmental delay, disability, or special health need, families can be overwhelmed with input – advice from doctors, sympathy from friends and family, prayer from clergy. But families still can feel very alone. Speaking with another family

who has “been there” can be just the support families need. That’s where Family to Family Network can help, to talk with a family who has experience raising a child with a developmental delay, disability, or special health need, call: North Dakota Family to Family Network Center for Rural Health – UND School of Medicine P.O. Box 9037 Grand Forks, N.D. 58202-9037 (888) 434-7436, or (701) 777-2359.

Speakers Bureau

Public affairs is looking for military and civilian guest speakers for local events such as Veterans Day. Public affairs will provide speaking materials and guidance for any event the speakers wishes to participate in. For details, call Staff Sgt. Monte Volk at 747-5016.

– AADD, from Page 8

Treasurer

- Qualifications
 - Must be a qualified, current member of AADD
 - Cannot have any previous record of drinking and driving
 - Must have general knowledge of keeping treasury accounts
 - Must be at least 18 years of age
- Responsibilities
 - Maintain checking and/or savings accounts
 - Shall be solely responsible for the proper maintenance of these accounts
 - Has final signature on all approved expenditures
 - Maintain monthly and annual statement of financial conditions, to include assets, fixed assets, and liabilities (Income/Expenditure statements)

- Will coordinate all fund raising events
 - Deposit all incoming money
 - Get and maintain a tax-exempt number for organization
 - Staff the CQ or drive as needed
- Scheduling Officer**
- Qualifications
 - Must be a qualified, current member of AADD
 - Cannot have any previous record of drinking and driving
 - Must be at least 18 years of age
 - Responsibilities
 - In charge of making sure that sufficient volunteers staff the CQ and drive on weekends, eves of holidays, and down days
 - Will track all CQ/driver reference lists
 - Ensure proper rotation of volunteers who staff the CQ
 - Provide input to monthly meeting to include having CQ/driver reference lists on hand and help set up

- Staff the CQ or drive as needed
 - Email the CQ/driver roster to AADD members as deemed necessary to allow sign up for weekend duty
- Education, Training Officer**
- Qualifications
 - Must be a qualified, current member of AADD
 - Cannot have previous drinking and driving record
 - Have experience in public speaking
 - Must be at least 18 years of age
 - Responsibilities
 - Presents the AADD briefing at FTAC
 - Presents the AADD briefing at monthly newcomer’s orientation
 - Briefs commander’s calls when needed
 - Provide training, as needed, to new CQs and drivers
 - Ensure channel 9 and channel 3 are taken care of
 - Staff the CQ or drive as needed
 - Provide input to monthly meeting and help set up

Base security forces team hanging tough in Baghdad

By Staff Sgt. Scott T. Sturkol

United States Central Air Forces public affairs

OPERATION IRAQI FREEDOM – Through triple-digit temperatures and days that seem like they sometimes never end, the 15-member team of security forces members from the 319th Security Forces Squadron sent to Baghdad in July is still hanging tough more than half-way through their deployment.

Unlike the gates and area around Grand Forks Air Force Base, being on a security forces squad around Baghdad International Airport has a few more challenges and acreage to cover.

“At Grand Forks, or even at most stateside bases, the average security forces member does a lot of identification checks at the gate, they write visitor passes and do a lot of law enforcement,” said Senior Airman Garry Gilliam, an M-203 grenadier and fire team member deployed from Grand Forks with the 447th Expeditionary Security Forces Squadron. “We also guard a flightline at home station and all of that combined is usually the typical job back home. Here is a totally different story.

“We have M-16s on the gate,” he said. “We wear flack vests and helmets. We have triple identification check points to ensure only authorized personnel are in the areas. There are no visitor passes – instead, we search all Iraqis coming onto the base. They are escorted everywhere. There is little to no law enforcement.”

The team deployed at the height of summer where the temperature flew well over 100 degrees Fahrenheit almost every day. Now, in late-October, the temps have cooled down some, but the work they do every day doesn’t change.



Tech. Sgt. Jeffrey J. Schafer, TASS administrator for the 447th Expeditionary Security Forces Squadron at Baghdad International Airport deployed from Grand Forks AFB, N.D., works on a building improvement project for an Iraqi building in Baghdad.



Photos by Airman 1st Class Brian Ferguson

Senior Airman Jill Murray, tent city entry controller for the 447th Expeditionary Security Forces Squadron at Baghdad International Airport deployed from Grand Forks Air Force Base, N.D., checks the identification credentials of an Air Force member entering Tent City.

“The operations tempo here is like nothing a lot of us have ever seen before,” said Senior Airman James Laquay, security forces patrolman and response force member with the 447th ESFS also deployed from Grand Forks. “This isn’t a place that we are just giving out traffic tickets for minor infractions. This is the real deal. We are all trained for this type of situation, however, it is something I’m sure that none of us ever wanted to experience.

“I feel like we are doing a good thing here and it is definitely for a good cause, but I will be glad when it is all over and we can just stick to ‘training’ for combat zones, instead of really being in one.”

Senior Airman Michael Garnsey, another fire team member like Airman Gilliam deployed with the team from Grand Forks, said the job has been tough, but a learning experience as well.

“Some days have been long, hot and tense,” Airman Garnsey said. “However, we have learned some new things through working with different branches of the military and other mem-

bers of the coalition.”

Airman Gilliam offered his own point on the uniqueness of the coalition cooperation going on at BIAP.

“The unique thing is the fact that we are in the airport of Baghdad,” he said. “Rarely does security forces and the U.S. Air Force get the opportunity to work hand-in-hand with the Army, Marines, British, Polish and Australians. This is a once-in-a-lifetime chance to take ideas and ways from other branches, and to expand their knowledge on the types of operations that the Air Force conducts on a day-to-day basis.”

Airman Garnsey said they see daily incidents and activity from the enemy there.

“You actually feel like you’re in the military when you’re in a place like this,” he said.

Airman Lacquay said that feeling of “military” really hits you when you “get to experience everything from helping to get wounded off med-evac helicopters to unexploded ordnance sweeps to defensive combat missions.”

Staff Sgt. Shawn N. Schwantes is deployed with the Grand Forks team as a fire team leader and primarily as an armorer. He said he’s been able to experience

Special Interest

– BAGHDAD, from Page 10

some of the culture from the host nation Iraqis and he thinks his time there will be beneficial for future experience.

“It feels nice being a part of it, being able to say I was here at Baghdad International Airport providing any support possible to see that others can get their job done in fighting the Global War on Terrorism,” Sgt. Schwantes said. “It may be a never-ending war on terrorism, but I feel that one of the biggest challenges is trying to keep morale high with the daily events we have and by being away from home.”

The team members have also been able to see progress in Iraq since they arrived there and they say things are looking up.

“Everyday we are all trying to make BIAP more like home,” Sgt. Schwantes said.

Airman Gilliam said, “The base is in a constant state of changes. One day there will be three tents side-by-side, you come back later and there are two more tents. An hour later there are sandbags around the tents. It is crazy.

“It reminds me of an ant colony. All day long, the civil engineers are building things. People here are constantly running all day and night building tents, laying concertina wire, unloading plane



Staff Sgt. Lorie E. Hollis, a security forces member from Grand Forks Air Force Base, N.D., deployed with the 447th Expeditionary Security Forces Squadron at Baghdad International Airport working with compound security patrol, drives a four-wheeler while heading to a security post.

after plane, people are arriving and leaving, and there’s tough cops everywhere you turn.”

“I feel the biggest amount of progress cannot be described as one lit-

tle thing, you have to see the whole picture at one time,” he said. “If you see one thing new a day, then you have missed the other four changes. I think the biggest change in our area is all the c-wire. Every day, someone tells me they were walking where ever and ran into a new area of c-wire. I laugh, but in reality, it is a compliment to the job we are doing here. If it is driving everyone else crazy, imagine what it is doing to the enemy.”



Master Sgt. Nelson L. Stephenson, flight sergeant with the 447th Expeditionary Security Forces Squadron at Baghdad International Airport, and Staff Sgt. Shawn N. Schwantes, internal security response team member for the 447th, discuss a plan of action for the day's activities.

Photos by Airman 1st Class Brian Ferguson

Besides Sgt. Schwantes and airmen Gilliam, Lacquay and Garnsey, other members from Grand Forks deployed with the team to the 447th ESFS include Staff Sgt. Lorie E. Hollis, compound security patrol; Airman 1st Class Kurt A. Petrowske, fire team M-60 gunner; Master Sgt. Nelson L. Stephenson, flight sergeant; Tech. Sgt. Jeffrey J. Schafer, TASS administrator; Senior Airman Jill P. Murray, tent city entry controller; Senior Airman Casey J. Garnsey, ramp entry controller; Senior Airman Richard J. Clements, compound entry controller; Airman William D. Kelly, search team; and Airman 1st Class Darnell T. Bryant, search team.



Base chapel

CATHOLIC:

Mass: 9 a.m. Sunday, Sunflower Chapel.

Weekday Mass: Monday, Wednesday

and Thursday, Sunflower Chapel.

Reconciliation: 4:30 to 4:45 p.m. Saturday, or by appointment, Sunflower Chapel.

CCD: 10:45 a.m. at Twining Elementary.

Adult education, sacramental programs:

Call Mrs. Jane Hutzol at 747-3073.

PROTESTANT:

Traditional worship: 10:30 a.m. Sunday, Sunflower Chapel.

Contemporary worship: 6 p.m. Sunday, Prairie Rose Chapel.

Protestant youth of the chapel: 4 to 5:45 p.m. Sunday, youth center.

Men of the Chapel bible study: Cancelled this week.

Young adults: 6 p.m., Chaplain Swain's home. For details, call 747-4359.

JEWISH:

For details, call Synagogue B'nai Israel at 775-5124.

RUSSIAN/EASTERN ORTHODOX:

For details, call Dr. Levitov at 780-6540.

MUSLIM, BUDDHIST, OTHER:

For details, call 747-5673.



Base theater

Tonight, 7 p.m.

Second Hand Lions (PG)

Michael Caine and Robert Duvall play the eccentric and wealthy great-uncles of a shy young teenager (Haley Joel Osment). The men care for him over a summer in Texas during the 1960s, when his unreliable mother (Kyra Sedgwick) drops him off.

Saturday, 7 p.m.

Once Upon a Time in Mexico (R)

Robert Rodriguez's second sequel to El Mariachi starts up after the events of Desperado. Guitar- and gun-totin' Antonio Banderas is back. Until, a corrupt CIA agent (Johnny Depp) convinces the legendary fighter to thwart the plan of a drug lord. El Mariachi agrees to help, but he has his own agenda (namely revenge) in mind.

Nov. 7, 7 p.m.

The Fighting Temptations (PG-13)

Nov. 8, 7 p.m.

The Rundown (PG-13)

Tickets: \$1.50 children, \$3 adults
For details, call 747-3021/6123.

Ghouls, goblins, ghosts, oh my!

Approximately 500 people showed up for the youth center's 20th annual Halloween Carnival at Liberty Square Oct. 24 and Saturday.

This year's carnival featured 19 booths from various base organizations featuring activities ranging from cake and soda walks to balloon popping and football tossing, as well as a haunted house.

Children came to the event decked out in such costumes as unicorns, ninja turtles, aliens, alligators and more.

The haunted house has been a staple of the carnival since its inception in 1984, the base's reaction to a "candy scare" in the mid-80s (at the time, base children were required to have candy collected on Halloween x-rayed for potentially

hazardous items such as razor blades). This year's model included a maze with "fun mirrors" and a variety of Halloween monsters popping out from the shadows.

The youth center would like to extend thanks to all of this year's volunteers whose assistance ensured the event's success.



Photos by Staff Sgt. Monte Volk

(Above) Elizabeth Chambers (left) and Destiny Miller (right) arrived as giraffes from different zoos.

(Near right) Bethany Reiten tries the football toss at the Halloween Carnival as a 'visitor' looks on.

(Far right, top) Damaris Guzman floats like a butterfly, but stings like a bee, as she throws darts at balloons.

(Far right, bottom) Don't wake this sleeping dragon. Mom looks on as Johnathon Gowell is all tuckered out from carnival fun.



Community

Today

COSTUME NIGHT: Come by Liberty Square in your custome and recieve \$1 off skate admission. There will be a favorite cos-tume contest for ages 6 to 8, 9 to 12, and 13 to 18. Open skating is from 6 to 10 p.m. and the Teen Center will be open from 6 to 11 p.m.

INTRO TO INVESTING: The family support center is holding an Intro to Investing course. This course covers the concepts of investing including termi-nology, savings bonds, CD's, IRA's, treasuries, Thrift Savings Plan (TSP), bonds, mutual funds and stocks.

PASTA BAR: The Northern Lights Club offers a “pasta bar” along with the day’s hot entree during lunch from 11 a.m. to 1 p.m.

Saturday

CLUB DINING: The Northern Lights Club is offering a seafood buffet from 5:30 to 8 p.m.

CLUB KARAOKE: The Northern Lights Club offers Karaoke from 10 p.m. to 3 a.m.

CLUB DANCING: The Northern Lights Club offers dancing from 10 p.m. to 3 a.m. to ‘club mix’ music with “DJ ‘C.’”

YOUTH GALAXY BOWLING: Register at the youth center for galaxy bowling at Dakota Lanes for ages 9 to 12 from 6 to 8 p.m. and ages 13 to 15 from 8 to 10 p.m. Cost is \$2.50 per hour and 75 cents for shoe rental.
The youth center needs 10 partici-pants to hold this event. Register at the youth center to attend.

3 on 3 BASKETBALL:
Every Saturday, “3 on 3” Basketball games. Youth ages 9 to 18 pick your own teams of three and participate each Saturday. The program is divided into two sessions: September and October, and November and December, with a total game win champion being crowned for each session. Games begin at 7 p.m. for ages 9 to 12 and 9 p.m. for ages 13 to 18. Youth must sign up 15 minutes prior to game time.

FOOTBALL FRENZY: The Northern Lights Club invites everyone to watch football and win prizes.

Sunday

SUNDAY BRUNCH: The Northern Lights Club offers Sunday Brunch from 10:30 a.m. to 1:30 p.m. \$3 Members First discount for Club Members.

Monday

AMXS SPOUSE’S CLUB MEETING: The Aircraft Maintenance Squadron Spouses' Support Group is holding a meeting today at 7 p.m. at the Community Activities Center. Please bring non-perishable food donation. Childcare will be provided. During the meeting we will be doing a base wide scavenger hunt for non-perishable food items to be donated to the food pantries on base and in town. For details, call Jeannette Lewis at 594-8510.

FOOTBALL FRENZY: The Northern Lights Club invites everyone to watch football and win prizes.

Tuesday

VIKINGS VS. SEAHAWKS:
Register by Nov. 4 for outdoor recre-ation’s trip to see the Minnesota Vikings against the Seattle Seahawks at the Metrodome Dec. 7. The trip departs Dec. 6 at 8 a.m. and returns around 11 p.m. Sunday.
Costs include tickets to the game (lower-level seating), overnight accommo-dations at the Quality Inn in Minneapolis, and all transportation costs. Costs per per-son are \$145 for two, \$135 for three, and \$125 for four. Packages are limited.
Additionally, there will be ample time to stop and shop at the Mall of America Saturday.

PARENT/TOT PLAYGROUP:
Parent/tot playgroup is held every Tuesday at Liberty Square from 10 a.m. to noon for ages 2 to 5. Here's your chance to get out of the house and social-ize with others from the base community.

TORCH CLUB MEETING: Torch Club meetings are from 6 to 7 p.m. at the youth center. Torch Clubs are small group clubs offering service and leader-ship opportunities to young people ages 11 to 13.

KEYSTONE CLUB MEETING:
Keystone Club meetings are Tuesdays from

7 to 8 p.m. at the youth center. Keystone Clubs are for Boys and Girls Club members ages 14 to 18.

Wednesday

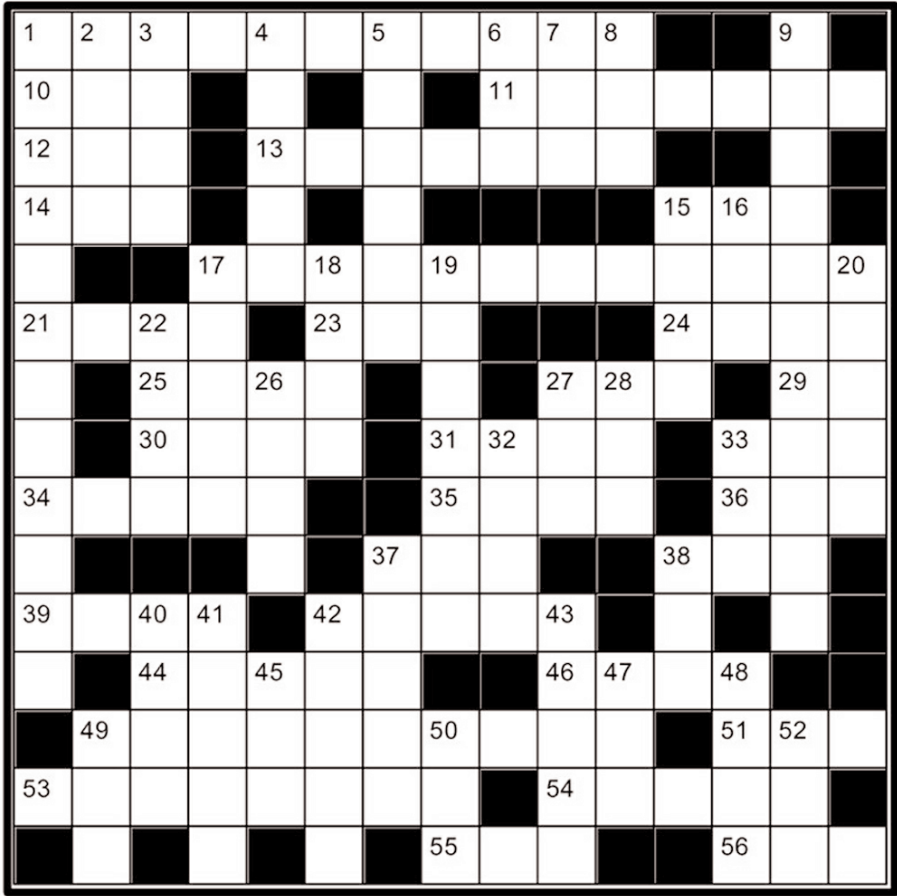
LUNCH TIME SCRAPBOOKING: The skills devolpment center offers lunchtime Scrapbooking class every Thursday from 11 a.m. to 1 p.m. The first class will be held Nov. 6 – Halloween Pages (bring in your halloween pictures) Cost will be \$5.50 plus supplies per student. Here are the upcoming classes:

Nov. 20 – Summer Vacation
Dec. 4 – Thanksgiving pages
Dec. 18 – Winter Fun pages
Please come by the Skills Development Center for additional information and to pre-register.

CLUB DINING: The Northern Lights Club offers “All-You-Can-Eat-Taco” Bar from 5:30 to 8 p.m. Cost is \$6;

– Continued next page

Community



By 1st Lt. Tony Wickman, Alaskan Command Public Affairs

Happy Halloween

Answers for this week’s Air Force Crossword will be published in next week’s *The Leader* Community section.

ACROSS

- 1. Start of title of 1917 Washington Irving Halloween story
- 10. Tombstone letters
- 11. Male witch on Halloween
- 12. Supreme Allied commander in WWII informally
- 13. Former Simpson trial lawyer
- 14. Average grade
- 15. Wane
- 17. End of 1 ACROSS
- 21. Pig noise
- 23. Type of AF unit not associated with a MAJCOM
- 24. California town
- 25. Eerie emanation on Halloween
- 27. School org.
- 29. Tail marking for a/c assigned to 103rd FW
- 30. Thin
- 31. Appeal
- 33. Part of a circle
- 34. Kingdom
- 35. Football great Andy _____
- 36. Military pay entitlement (abbrev.)
- 37. Needle
- 38. Gallop
- 39. Computer maker
- 42. Items received from 1 DOWN
- 44. Item received during 1 DOWN
- 46. Major or Minor
- 49. Item for 20 DOWN
- 51. Item used to collect 1 DOWN items
- 53. Items for 1 DOWN
- 54. Gathering for 20 DOWN
- 55. Oklahoma city
- 56. Explosive

DOWN

- 1. Halloween night activity
- 2. Walk
- 3. Fencing tool
- 4. Ford faux pas
- 5. Schwarzenegger movie
- 6. Driving crime
- 7. Paddle
- 8. To's partner
- 9. Title character of 1 ACROSS
- 15. Singer Fitzgerald
- 16. Type of sucker received during 1 DOWN; ____-pop
- 17. Item found in Halloween haunted house
- 18. Type of cheese
- 19. A Jack-o-Lantern is carved from it
- 20. Halloween hag
- 22. Fed. space agency
- 26. Edges
- 27. Zip
- 28. Light touch
- 32. Bring an aircraft to rest?
- 33. Middle East country ____ Dhabi
- 37. Faded fad
- 38. Military recon info system (abbrev.)
- 40. Mistakes
- 41. 1977 TV miniseries on Haley novel
- 42. Military communication officer (acronym)
- 43. Joshua tree genus
- 45. Hulk's Ferrigno
- 47. 1929 picture studio
- 48. Help
- 49. Ghost's cry
- 50. Fed. agency concerned with transportation
- 52. Actress Penelope ____ Miller

– Continued from previous page

Thursday

CLUB DINING: The Northern Lights Club offers steak night every Thursday from 5:30 to 8 p.m. The menu includes 12-ounce ribeye for \$12.95, eight-ounce sirloin for \$10.50, and 20-ounce sirloin for \$13.75. There will also be an eight-ounce charbroiled chicken for \$9.50 offered for those who do not want steak. A children’s menu will also be available.

Upcoming

ICE RINK: Ice Rink Volunteers are needed. There will be an informative meeting either Nov. 17 or 19 at 11 a.m. at the youth center. Volunteers will be icing and maintaining the base ice rink behind the youth center during the winter months. For details, call Mrs. Sally Fuller at 747-3152.

PUTT-PUTT GOLF: Putt-putt golf fun night is Nov. 8 at the youth center from 4:30 to 6:30 p.m. There will be prizes for a “hole-in-one” contest. Cost is 50 cents per round, with proceeds going to benefit youth programs.

MADDEN 2004 TOURNAMENT: Outdoor recreation is offering a Madden 2004 tournament Nov. 8 from noon to 4 p.m. at the Northern Lights Club. Cost is \$5 per person. There will be a 32-person limit with trophies and prizes for the top three places. The age limit for the tournament is 17 and older. This is a double elimination tournament and will be “straight play” with teams and players provided by the game itself.

No cheat codes, all-star teams, player trading or player creation. For official rules and to sign up, stop by outdoor recreation. You may also sign up between noon and 12:30 p.m. at the club the day of the tournament.

PARENTS DAY OUT: The Child Development Center is now offering weekend hourly care the second Saturday of each month from 11 a.m. to 5 p.m. Reservations for Saturday care must be made by the Tuesday prior. The next date is Nov. 15. Parents Day Out participants will be charged an hourly fee. Children must be registered at the CDC prior to entry with the appropriate paperwork. A late charge of \$1 per minute will be added after 5 p.m.

Last week’s solutions

R	A	M	S		S	P	A	R			A	D	D	S
A	L	E		T			M	O	S	E	L	E	Y	
J	U	M	P	E	R		M	C	A		T	E	E	S
A	M	O	R	E			O	H	M	S		S	S	N
	S		U	T	A	H		E	B	R	O			O
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		C		D	E		M	E	G	A	D	E	T	H
M	U	R	R	A	Y			E	R	G	O			E
E				M	E	L		R	O	E		F	O	R
E	B	B	S			A	S	S		R	O	O		R
T	O	L	E	R	A	T	E		U		U	R	S	A
	Z	E	T	T	L	E	R		P	O	T	T	E	R
B	O	D	I	E		R	B	I	S		S	E	E	D

Sports

“It doesn’t matter what they do, the Chiefs won’t be winning this game. What they need to do is bow down to the real winners ... the Eagles.”

– Victoria Bowens



photos by Airman Patrice Clarke

“The Eagles can say anything they want. We know who runs this base and who rules the court. Bring it.”

– Ray Crawford

Grudge match

Chiefs, Eagles square off Nov. 7

By Lt. Col. Victoria Bowens
319th Mission Support Squadron
commander

Warriors of the North, Nov. 7 at 2:30 p.m. in the fitness center, your commanders, chiefs and first sergeants will compete against each other in a basketball “shootout.”

This, as well as other events hosted on base, is where all base members can witness their senior leaders in action, having fun rather than in their usual professional, business-like setting.

Throughout the year, it’s been preached to all, either at the First Term Airmen’s Center, Airman Leadership School or during commander’s call, the importance of fitness and how critical it

is to get away from your duty sections and go to the fitness center to exercise. Well, your senior leaders are putting their money where their mouth is and stepping out to lead the way.

Now, I must caveat and let it be stated very clearly this event is purely for fun. So, if you are looking for “monster dunks” or the “flashy moves” then you might be a little disappointed. But, what you will experience during this game is an atmosphere of excitement, a lot of “trash talking,” and an all-out enjoyable afternoon.

This is America’s game, and what a better way to start off a three-day weekend than cheering on your favorite commander, chief or first sergeant.

See you at the game!

PULL OUT SECTION



319th services spotlight

VOLUME 2 ISSUE 11 - NOVEMBER 2003

Winter and Holiday Fun . . .

All from your 319th Services Squadron!

WINTER is here!

But don't be blue, there are many events and activities here on Grand Forks AFB. To the right are just a few great deals that we offer – something for everyone! Inside you will see activities for pre-teens to adult playtime activities. Take the time to check-out the Ski Express schedule and all the other great offers with Outdoor Recreation on page 3. For quick reference to OEF – Operation ENDURING

FRIENDSHIP – page 3 presents a look at November activities and events from the Arts Council and UND. For quick use, The Northern Lights Club calendar is on page 4.

Inside is everything going on for the month of November at your fingertips! Also, below is a look at just one of our great events – the Annual Halloween Carnival and Haunted House.



Spooky fun!

A glance at this year's Annual Halloween Carnival - two days of excitement. Lots of great looking costumes and treats won and eaten.

Upcoming HIGHLIGHTS

Turkey Take-Away

Keep your kitchen clean this year! Let the Northern Lights Club do your Thanksgiving dinner. The dinner serves a family of four to five people, includes – 12 lb. turkey, dressing, gravy, mashed potatoes, sweet potatoes, cranberry sauce, rolls and pumpkin or apple pie. All for only \$49.95, family members whose spouses are deployed will receive \$5 off! Don't worry about keeping your dinner warm; pick it up between 10 a.m. to 1 p.m. on Thanksgiving Day. For reservations come by the Northern Lights Club or call 747-3392, by Nov. 20.



Moonlite Turkey Shoot

Want a chance to win a turkey? Come out Nov. 22 at 7 pm to Dakota Lanes Bowling Center for their annual Moonlite 9-Pin-No-Tap Turkey Shoot. Cost is \$13 per person. Early registration is requested, sign up at Dakota Lanes or call 747-3050.

Give Parents a Break and Parents Day Out

These programs, which are held on Saturdays, provide eligible parents a break from parenting. Both programs have guidelines that must be met to qualify. For details on these programs, check with Monica or Cindy at the Child Development Center, 747-3042. Upcoming dates for these programs are: Nov. 15, Dec. 13, Jan. 10, 2004 and Feb 21 held from 11 a.m. to 5 p.m.

Keep those Comment Cards coming!

You could be the next winner of \$50 worth of Services Gift Certificates!

Look for Services Comment Card Boxes fill out a card or visit our Web Site at www.gf-services.com One name is drawn randomly each month!

Sponsored by Ken Beck, Representative of

594-2730

No Federal endorsement of sponsor intended.



www.gf-services.com

The **services spotlight** is a monthly supplement to the Leader of Grand Forks Air Force Base, United States Air Force. The contents of the **services spotlight** do not constitute endorsement by DOD, the Department of the Air Force or the Grand Forks Herald. Everything advertised is available without regard to race, color, religion, sex or other non-merit factors of the purchaser, user or patron.

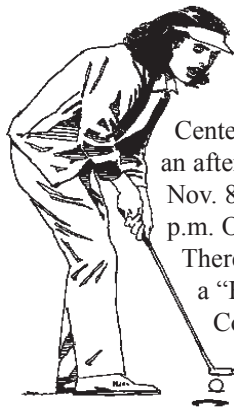
The **services spotlight** is produced by the Marketing/Publicity Office, 319 SVS/SVK, 784 Eielson Street, Grand Forks AFB, North Dakota, 58205-6631.

319th Services Commander: Major Elizabeth A. Demmons

Marketing Director/Commercial Sponsorship Events Coordinator: Julie McWalter

Editor/Design: Christine Davis

Fall is fun in youth programs!



Putt-Putt Golf Fun Night

Come to the Youth Center Gymnasium for an afternoon of golf fun Nov. 8 from 4:30 to 6:30 p.m. Open to all ages. There will be prizes for a "Hole in One Contest." Cost is 50¢ per round, proceeds going to Youth Programs.

Get involved!

Join a club!

Youth Programs offer two outstanding clubs, **Torch Club** and **TEENSUPREME**. These clubs meet at the Youth Center every Tuesday. For additional questions, contact the Youth Center, 747-3150.

Torch Club 6 p.m.

- Small group clubs offering service and leadership opportunities
- Group of 6-15 boys and/or girls ages 11 - 13

TEENSUPREME 7 p.m.

- Program for Boys & Girls Club members 14 - 18 years old
- Designed to help teen members become more productive citizens and leaders

**WE NOW HAVE
ROLLER BLADES!**
Liberty Square can now offer roller blades for rental!

**SKATE GUARDS
ARE NEEDED!**
Anyone interested in becoming a skate guard, come by the Youth Center!

Geography Bee

What is the capital of Maine? Join us Nov. 12 at the Youth Center to test your geography skills. Ages 9 - 12 at 5:30 p.m. and ages 13 - 18 at 6:30 p.m.



Family Fun Night

Join us at the Youth Center for the first Family Fun Night Nov. 17. This event is specifically targeted to those families with children 9 - 18 years old. All family members may attend. The evening will begin with a potluck starting at 6 p.m. Please sign up at the Youth Center by Nov. 14. This will be a night of fun and games! In addition, we will answer all your Youth Program questions.

Preteen Planet Pizza Trip

Its pizza time for the preteens ages 6 - 12,



Nov. 22. We will depart the Youth Center at 12:30

p.m. and will return to the Youth Center at 4 p.m. Youth need a signed parent permission slip; cost is \$10, includes transportation, pizza and sodas. Game Tokens and "Lazer Blast" are extra. Sign up by Nov. 18, need to have 15 to hold trip.

Preteen Video Night

Youth, don't just sit at home on a Saturday night! Come to the Youth Center for video night, Nov. 29. This is for preteens ages 6 - 12 from 7 to 9 p.m. at the Youth Center. The cost is \$1.

SPORTS BITS

Singles/Doubles Pool

Tournament - Nov. 10 - for ages 9 - 12 at 5:30 p.m. and ages 13 - 18 at 6:30 p.m.

Teen "Hot Shot" Competition

- Nov. 15 - at the Youth Center for ages 13 - 18 at 8 p.m. Trophy for the best shot! Cost is \$1.

WEEKLY NOTES

Tuesdays - Parent/Tot Playgroup, for ages 2 - 5 from 10 am to noon at Liberty Square.

Wednesdays - Fine Arts Program, for ages 6 - 12 from 6 to 7 pm and ages 13 - 18 from 7 to 8 pm. The Program provides Club members the opportunity to create works of art for display in local exhibits. The goal is to help youth uncover their artistic talents and motivate them to develop their creative skills and possibly explore related career opportunities.

Thursdays - Volleyball Games, for ages 9 - 12 at 5:30 pm and ages 13 - 18 at 6:30 pm at the Youth Center. Youth can sign up 15 minutes prior to start time.

Fridays - Open Skating, for ages 6 - 18 from 6 to 10 pm at Liberty Square. Admission cost is \$3 and skate rental is \$2. Liberty Square snack bar will be open from 6 to 10 pm. Roller Blades may be used. Ask us about our special Family discount rates! **Teen Center**, for ages 13 - 18 from 6 to 11 pm.

Saturdays - "3 on 3" Basketball Games, for ages 9 - 12 at 7 pm and ages 13 - 18 at 9 pm. Youth will pick their own teams of three. The program will be broken into two Sessions - September/October and November/December), a total game win Champion being recognized for each session. Youth must sign up 15 minutes prior to start time.

From the Skills Development Center . . .

Here is a great opportunity if you're looking for that perfect holiday gift or need some gift ideas! Below are some excellent classes that could fit right into your needs.

Framing Class

Need that special holiday present? The Skills Development Center will be offering two framing classes this month to get you started:

Nov. 18, 19 and 20 from 1 to 4:30 p.m.

Nov. 15 from 10 a.m. to 5 p.m.

Both classes are \$20 plus supplies. Please bring in a single picture/print to frame. Pre-registration is required.

Lunch Time Scrapbooking

Skills Development Center will be offering lunch time scrapbooking classes every Thursday from 11 a.m. to 1 p.m., with a different theme every week. The cost will be \$5.50 plus supplies per student.

The following classes:

Nov. 6 - *Halloween pages, bring in your Halloween pictures*

Nov. 20 - *Summer vacation*

Dec. 4 - *Thanksgiving pages*

Dec. 18 - *Winter fun pages*

Beginning Scrap Booking

There will be a beginning scrap booking class Nov. 8 from 10 a.m. to 1 p.m. This class will also be \$5.50 plus supplies.

Please come by or call to pre-register or for any additional information on any of the Skills Development Center's classes, 747-3482.

Is your vehicle ready for Winter?

Don't get caught in the COLD! Let the Auto Skills Center check out your vehicle.

-Have your battery and charging system checked

-Next, have your engine tuned-up

-Check the vehicle for freeze

- Block Heaters

- "Trip inspection"

Call or Stop by to schedule any of our services and let our staff help get your vehicle prepared for winter, 747-3394.



Get ready to light up the holidays . . .

December 4 for the

**Annual Tree Lighting,
Card & Cookie Contest
at the Base Library**



Check for details in the December Services Guide

Winter!

Outdoor Recreation offers holiday shopping trips to adult playtime

Mall of America

Don't wait until the last minute – get that shopping done! Outdoor Recreation is offering a shopping trip Nov. 1, to the Mall of America. Let us drive while you relax and enjoy central Minnesota's beautiful countryside. If time permits, we will also stop at the Outlet Mall in Albertville. Departure will be at 5 a.m. from Outdoor Recreation and will return around midnight. Cost for transportation is \$22.50 per person. Sign up by Oct. 29.

WANTED:

Madden 2004 Tournament

Get those fingers limber! Outdoor Recreation has got another Madden Tournament planned! It will take place at the Sports Bar in the Northern Lights Club – Nov. 8 from noon to 4 p.m. There will be a 32-person limit with prizes for first, second and third place winners. The person who is the base champion will have the chance to face the off-base champion. Participants must be at least 17 years of age. Cost is \$5 per person.

RULES: This is a double elimination tournament and will be "straight play" with teams and players assigned. No cheat codes, no all-star teams, no player trading and no player creation.

For the official rules and to sign up come by Outdoor Recreation.

Winnipeg Shopping Trip

Need more shopping? Outdoor Recreation has planned a spec-



2003-2004 Schedule

December 2003

Frost Fire Dec. 6
Buena Vista Dec. 13
Andes Towers Dec. 20
Giants Ridge Dec. 27

January 2004

Frost Fire Jan. 3
Buena Vista Jan. 10
Holiday Mountain Jan. 17
Andes Tower Jan. 24
Winter Park Jan. 31

February 2004

Frost Fire Feb. 7
Buena Vista Feb. 14
Giants Ridge Feb. 21
Frost Fire Feb. 28

March 2004

Frost Fire Mar. 6
Buena Vista Mar. 13
Giants Ridge Mar. 20
Andes Towers Mar. 27

For a complete list of ski areas come by Outdoor Recreation and pick-up a Ski Express brochure.

tacular day to Winnipeg Nov. 15. There are marvelous holiday shopping sites – The Forks and Polo Park Shopping Centre. The Forks Market offers more than 50 charming shops, housed in a fun and funky building that was originally a horse stable. Explore the Hayloft for handicrafts and one-of-a-kind items from clothing and artisan-inspired gifts to jewelry. Next, we will head to Polo Park, Winnipeg's premiere mall. Polo Park offers more than 180 stores, including many upscale and specialty shops. Plan to have supper before we return home. Departure will be 8 a.m. from Outdoor Recreation and will return late in the evening. Cost for transportation is \$17.50 per person. Sign up by Nov. 11.

Come by and check us out!

Many services offered

UPS – Outdoor Recreation is your station for United Parcel Shipping. We have various size boxes to fit your moving, cleaning, or garage-organizing needs. Current sizes/prices are: small/\$1.30, medium/\$2, large/\$2.40, dish pack/\$7.50, wardrobe/\$8.80, hanger bar for wardrobe/\$1.40.

Small Engine Repairs – Our small engine mechanic can do all your small engine repairs. September is a good time to have your snow blower serviced. Bring it to us and have it tuned up.

"Hunter Special" Campers – We have two older campers we rent as "hunter specials". These are equipped with heaters, stove and refrigerator. Why sleep on the ground and cook over a smoky campfire when you can rest and cook in relative comfort.

Chain Saws for Rent – We have two chain saws available for rent. Each rents for \$30 per day and comes complete with saw and carrying case, safety goggles, safety chaps, file, chain lube and one-gallon gas.

Auto Car Carrier and Tow Dolly – Outdoor Recreation has a full Auto Car Carrier and tow dolly available for local rental use only. Cost is \$35 per day. You will need a full size pickup with Class III or V hitch, and 2 5/16 ball for renting the car carrier.

ND Hunting and Fishing Licenses – 2003/2004 North Dakota Hunting and Fishing Licenses are available at Outdoor Recreation; remember to bring in your hunter safety certificate when purchasing a Sportsman's License.

ND Outdoor Notables –

Nov. 2 – Elk opens (Unit E2)
Nov. 7 – Deer gun opens
Nov. 8 – Bobcat hunting/trapping opens
Nov. 21 – Moose opens (M5, M6, M7)
Nov. 22 – Mink, Muskrat and weasel snaring opener



Operation ENDURING
FRIENDSHIP

Fine Arts

Nov. 4	9 am	Day of Percussion – 9 am to 3 pm – TBA <i>Followed by Jazz Concert at 7:30 pm</i> Music Department – For additional info, call 777-2644
Nov. 6	7:30 pm	Steel Band Concert, Chester Fritz – \$5/\$3
Nov. 7	7:30 pm	Aurora Series - Jesse Langen, Guitar, Hughes Fine Arts – \$5/\$3
Nov. 8	TBA	Aurora Series - Jesse Langen, Masterclass – Guitar, Hughes Fine Arts – FREE
Nov. 9	7:30 pm	Student Recital – Mark Lentz & Lew Krec, percussion, Hughes Fine Arts – FREE
Nov. 10	7:30 pm	Woodwind Chamber Ensemble Recital, Hughes Fine Arts – \$5/\$3
Nov. 16	7:30 pm	Opera Workshop Recital, Hughes Fine Arts – \$5/\$3
Nov. 17	7:30 pm	Faculty Recital – Elizabeth Rheude, Clarinet, Hughes Fine Arts – \$5/\$3
Nov. 18	7:30 pm	UND Chamber Orchestra, Hughes Fine Arts – \$5/\$3
Nov. 20	7:30 pm	Student Recital – Bevin Mitchell, Trombone, Hughes Fine Arts – FREE
Nov. 22	7:30 pm	Graduate Recital – Jeff Dasovick, piano, Hughes Fine Arts – FREE
Nov. 23	1:30 pm	Student Recital – Joe Kapla, piano, Hughes Fine Arts – FREE
Nov. 24	7:30 pm	Wind Ensemble/Pride of the North Band Concert, Chester Fritz – \$5/\$3
Nov. 25	7:30 pm	University Band/Varsity Bards & Allegro Concert, Chester Fritz – \$5/\$3

Women's Basketball

Nov. 21	7 pm	Minot State, <i>UND Hyslop Sports Center</i>
Nov. 24	6 pm	Mayville State, <i>Ralph Engelstad Arena</i>

Women's Hockey

Nov. 1	2:05 pm	New Hampshire, <i>Ralph Engelstad Arena</i>
Nov. 2	2:05 pm	New Hampshire, <i>Ralph Engelstad Arena</i>
Nov. 8	2:05 pm	Minnesota State-Mankato, <i>Ralph Engelstad Arena</i>
Nov. 9	2:05 pm	Minnesota State-Mankato, <i>Ralph Engelstad Arena</i>

Men's Basketball

Nov. 24	8 pm	Minnesota-Morris, <i>Ralph Engelstad Arena</i>
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Look for additional information in your Services Guides, Base Leader, Channel 3 and Daily Admin Messages. Activities and events are subject to change. Tickets are first come, first serve for active duty, reserve and guard on active duty and their family members. Acquire tickets from the Community Center, 747-6104.

EARLY BIRD

November 29 Special

Buena Vista
or
Frost Fire
Depending on weather & snow conditions

For more details or to sign up contact
Outdoor Recreation, 747-3688

THANKSGIVING

Weekend Special!

Mall of America

Outdoor Recreation has a special discount trip just for you!

Saturday, November 29

Departs 5 am from
Outdoor Recreation; returns Midnight
Cost \$20 per person for transportation
Sign-up by November 25

Have you been frenzied?

If you haven't - come to the Sports Bar at the Northern Lights Club for Sunday and Monday football!

Football Frenzy

Don't watch the game alone!
Grab a friend!
Enter to win great prizes!

Questions call 747-3392

Sponsors

USAF SERVICES
Combat Support & Community Services

Members First

AA

Live Responsibly
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**ARE YOU
A CLUB
MEMBER?**

Don't miss out on
all the benefits!
**Become a Club
Card Member!**
Ask us about all the
great discounts!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Member's First Discount! Lunch \$2 off Dinner \$3 off Sunday Brunch \$3 off	THURSDAY LUNCH* 6-Pork Chops 13-Baked Chicken 20-Fried Chicken 27-Closed	TGIF Every Friday 5 pm FRIDAY LUNCH* Seafood	JOIN THE CLUB TODAY!
2 Sunday Brunch 10:30 am to 1:30 pm	3 MONDAY LUNCH* 3-Chef's Choice 10-Chopped Steak 17-Chef's Choice 24-Chicken Fried Steak	4 TUESDAY LUNCH* 4-Baked Chicken 11-Closed 18-Beef tips 25-Beef Stroganoff	5 WEDNESDAY LUNCH* 5-Beef tips 12-Sausage & Kraut 19-Pork Roast 26-Pork Chops	6 Evening Dining SPECIAL! 12 oz. Ribeye \$12.95 8 oz. Sirloin \$10.50 20 oz. Sirloin \$13.75 8 oz. Charbroiled Chicken \$9.50 Children's Menu available!	7 Evening Dining SPECIAL! A Night In Hawaii	8 SATURDAY NIGHTS! OPEN TO ALL RANKS! 5 pm to 3 am Karaoke! 10 pm to 3 am
PASTA BAR everyday for lunch!				13 MEMBERS SPECIAL! \$1 Lunch Day	14 Evening Dining SPECIAL! Hunter's Special	15 Late Night Club Mix 10 pm to 3 am
16 Sunday Brunch 10:30 am to 1:30 pm	17 <i>*A La Carte lunch Mon-Fri from 11 am to 1 pm</i> All lunches and dinners can be made for CARRY-OUT orders	18 	19 "All-You-Can-Eat-Taco Bar" \$6.00 Club Members will receive \$3 discount!	20 CLOSED Thanksgiving Day	21 Evening Dining SPECIAL! Early Settlers	22 Late Night Club Mix 10 pm to 3 am
23 Football Frenzy Sundays and Mondays!	24 Football Frenzy Sundays and Mondays!	25 The Sports Bar open Monday - Thursday starting at 4 pm	26 The Sports Bar open Monday - Thursday starting at 4 pm	27 CLOSED Thanksgiving Day	28 Dining Room CLOSED	29 Ask us about the benefits! Members First
30						